

Dr. Chido Rwafa- Madzvamutse

is a Consultant Psychiatrist with Gerhard Marx Psychiatry.

Dr Chido has worked in public and private mental health care for the last eight years striving to improve awareness about and reduce stigma towards mental health issues as well as improve access to quality mental healthcare.

Dr Chido holds a Bachelor of Medicine and Surgery degree (MBChB), a Postgraduate Diploma in Mental Health, Masters in Medicine degree specialising in Psychiatry (MMed Psychiatry) and a Post Graduate Certificate in Health Professions Education from the University of Zimbabwe, College of Health Sciences.

She has Level One Training in Gottman Method Couples Therapy with the Gottman Institute. She is a 2019 Young African Leadership Mandela Washington Fellowship alumni from Drexel University in Philadelphia, USA where she focused on Community Engagement in Mental Health.

She has a special interest in workplace mental health, women's mental health across the lifespan and marital therapy.



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